Directions: Adults: Take one tablet daily. Do not exceed suggested use. Not formulated for use in children.

Amount Per Serving	% Daily Va	lue
Vitamin C (as ascorbic acid) 45 mg	5	0%
Vitamin D <sub>3</sub> (as cholecalciferol) 25 mcg (1	,000 IU) 12	5%
Calcium (as calcium carbonate) 600 mg	4	6%
Magnesium (as magnesium oxide) 50 mg	g 1	2%
Zinc (as zinc oxide) 7.5 mg	6	8%
Copper (as copper sulfate) 0.5 mg	5	5%
Manganese (as manganese sulfate) 1.8 n	ng 7	8%
UC-II® Standardized Cartilage 40 mg (supplying 10 mg collagen)		*
*Daily Value not established.		

Other ingredients: maltodextrin, microcrystalline cellulose. Contains <2%: blue 2 lake, croscarmellose sodium, magnesium stearate, polyethylene glycol, polyvinyl alcohol, potassium chloride, sodium ascorbate (to preserve freshness), talc, titanium dioxide, tocopherols (to preserve freshness). Distributed by: Haleon, Warren, NJ 07059 Made in Canada

As with any supplement, if you are taking medication, are pregnant or nursing a baby, contact your doctor before taking. If taking other supplements, read label, since supplements may contain the same ingredient.

## Keep out of reach of children.

Store at room temperature. Keep the bottle tightly closed. Do not use if printed inner safety seal under cap is broken or missing. Questions? Comments? Call 1-855-297-3031. Trademarks are owned by or licensed to the Haleon group of companies. ©2023 Haleon group of companies or its licensor.

"These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

